

Jessica Wharton, MA, LMFT

2118 P Street

Sacramento, CA 95816

(916) 571-1331

Professional Summary:

Highly skilled and effective mental health therapist with 20+ years of clinical experience in many levels of treatment. Excellent communication, documentation, and problems solving skills with management and supervisory experience. Expertise in workshop development and presentations.

Education:

- Licensed Marriage Family Therapist (2010)
- Preliminary Administrative Services Credential
California State University, Sacramento (2004)
- Pupil Personnel Services Credential
National University, Sacramento (2001)
- Certificate in Advanced Spanish
Cuauhnahuac Language School, Mexico (1998)
- M.A. in Counseling Psychology
National University, Sacramento (1998)
- B.A. in Social Sciences (Module: Psychology)
University of California, Irvine (1993)
Deans Honor List

Training:

- 2020 Child Custody Evaluation Annual Update 8-hr (Feb 2021)
- 2021 Domestic Violence Update Training 4-hr (January 2021)
- Providing Effective Testimony for Mental Health Professionals (Nov 2020)
- Title IX Compliance and Investigations - Lozano Smith (Nov 2020)
- Child Custody Mediator/CCRC Training (40 hours – Nov 2019)
 - Statutory Requirements, Evidentiary Issues and Rules of Court Pertaining to CCRC
 - Mediation Skills and Concepts
 - Mediation Practice and Process
 - Interviewing Children
 - Substantive Issues: Brief Overview in CCRC Context
 - Drafting Agreements/Recommendations
- Child Custody Evaluation Training (40 hours – May 2019)
 - Roles of Child Custody Evaluators, Effects of Divorce
 - Evaluation Process, Interviewing Children and Parenting Plans
 - Culture and Religion in Child Custody Evaluation
 - Evaluation of Sexual Abuse
 - Crafting Recommendations and Subpoena and Testimony
- AFCC Conference: When Civility Breaks Down: Consequences and Solutions for Families and Professionals (Feb 2019)
 - When Children Are Seen but Not Heard: Need for Recognition of Children's Voices in Custody Determination
 - Co-Mediation: Interdisciplinary Neutrals When Lack of Civility Prevails
- Family Court/Forensic Mental Health Work (Sept. 2018)

Experience:

10/14 – present **Jessica Wharton, LMFT (Private Practice)**

Mental Health Therapist

- Provide individual, couple, and family therapy for clients using a variety of treatments to improve mental health
- Provide co-parenting counseling services
- Provide re-connection counseling services
- Help clients define goals, plan action, and gain insight
- Examine issues including relationships, family dysfunction, communication styles, substance abuse, depression, anxiety, and stress
- Member of CAMFT

2/20 – present **Sacramento City Unified School District (Student Hearing and Placement Department)**

Interim Director, Student Placement and Hearing Department (Hearing Officer)

- Plan, coordinate, control, and direct activities in the Behavior Hearing Office with emphasis on special education, proactive prevention, student portfolios, and secondary liaison activities
- Conduct behavior and expulsion hearings for student who exhibit high risk behaviors and commit Education Code violations
- Title IX Investigator and oversee Bullying Prevention
- Supervise and evaluate the performance of assigned staff

1/13 – 2/20 **Sacramento City Unified School District (Student Support and Health Services)**

Bullying Prevention Specialist II

- Oversee the implementation of the bullying prevention programs for the district
- Mediate contentious cases for the district
- Coordinate and provide trainings for students, parents, and staff
- Chair the School Climate Collaborative
- Develop an effective reporting, monitoring and evaluation system
- Collaborate with principals and other school district personnel to identify and implement evidenced based programs
- Coordinate trauma informed care practices and trainings

- Presenter: National Bullying Conference March 2018

11/06 – present **FosterHope Sacramento**

Social Worker

- Case manage, counsel, and coordinate foster youth and foster families
- Collaborate with the county social workers and courts
- Write evaluations

11/01 – 1/13 **Sacramento City Unified School District (Integrated Support Services)**

Learning Support Services Specialist II (Formerly Healthy Start Coordinator)

- Organize, plan, and implement the programs for Healthy Start/Integrated Support Services
- Chair the Collaborative Meeting
- Provide individual, family, and crisis intervention counseling services
- Conduct intakes, link families to resources, and write family service plans
- Chair the Multidisciplinary Team
- Supervise, manage, and evaluate the staff at the Family Resource Center and CSUS Counseling and Social Work interns
- Manage budgets and write grants

1/00-11/01 **Folsom Families and Schools Collaborative (FFaSC)**
Board Member

Skills:

Leadership, self-motivated, well-organized, excellent communication skills, critical thinking, social perceptiveness, observational, negotiation, and goal oriented